ALLHERE

ALL HERE EXPERIENCES

ATTENTION CAPITAL

YOUR MOST VALUABLE UNTAPPED INVESTMENT

An Extraordinary Experience to Share.

GENEVA • SWITZERLAND





ALLHERE

WHY ATTENTION CAPITAL MATTERS

In an age of artificial intelligence, information overload and constant distractions, attention is becoming one of our most valuable resources.

At All Here, we invite you to explore your Attention Capital through a unique experience at the intersection of meditation, neuroscience, and immersive technology.

ARTIFICIAL INTELLIGENCE

INFORMATION OVERLOAD

CONSTANT DISTRACTIONS



SCIENCE. TECHNOLOGY. DISCOVERY. CONNECTION.

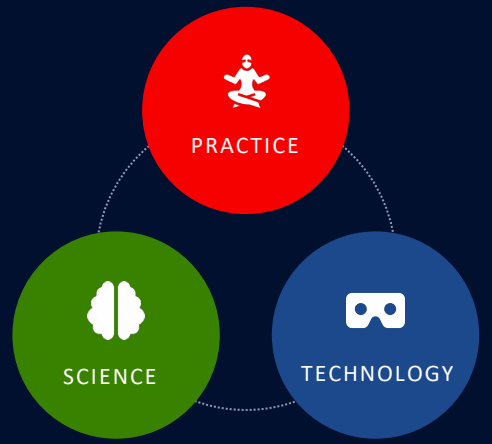


03 ABOUT ALL HERE

ALLHERE

DISCOVER ALL HERE

PRACTICE, SCIENCE AND TECHNOLOGY



- **Practice —** meditation practices that support the exploration and cultivation of attention, inner silence and self-awareness.
- **Science —** neuroscience that helps us better understand focal attention, mind-wandering and meditation.
- **Technology —** advanced technology enabling real-time visualization of attention-related brain activity and immersive meditation experiences.

ALLHERE

AN EXTRAORDINARY EXPERIENCE TO SHARE

What if your next gathering offered an opportunity to explore one of your most valuable human capacities — your attention?

The All Here Attention Capital Experience brings people together through meditation, neuroscience and immersive technology.

Discover how your attention works, explore the experience of inner silence and share a unique exploration of attention and human potential.

- SCIENCE.
- TECHNOLOGY.
- DISCOVERY.
- CONNECTION.

For corporate and private groups — no previous meditation experience needed.

THE ALL HERE

ATTENTION CAPITAL EXPERIENCE

Includes

- ✓ Attention Capital Challenge
- ✓ Silent Mind XR
- ✓ Private group experience at All Here
- ✓ Guidance from the All Here team

Private bookings from 3 participants, starting at CHF 180 per person.

⏱ Allow approximately 2.5 hours for a group of 3.

Duration varies depending on group size and selected activities.



05 SIGNATURE ACTIVITY 01

ALLHERE

THE ATTENTION CAPITAL CHALLENGE

HOW OFTEN DOES YOUR MIND WANDER?
HOW STABLE IS YOUR ATTENTION?

Through All Here's advanced brain imaging technology using high-density EEG, participants are invited to explore their attention in real time.

Using All Here's Concentration & Mindfulness Index (CMI), participants can observe live scientific data derived from their brain activity and explore patterns associated with mind-wandering, concentration and self-awareness.

CONCENTRATION

MIND-WANDERING

SELF-AWARENESS

An interactive and engaging experience where participants can challenge one another, compare their attention performance in real time and enjoy a moment of friendly competition and shared discovery.

May be organised in small rotating groups. Not a medical or diagnostic assessment.

06 SIGNATURE ACTIVITY 02

SILENT MIND XR

AN IMMERSIVE JOURNEY INTO INNER AWARENESS

An immersive mixed-reality experience powered by All Here's Silent Mind XR Platform.

Participants are invited to turn their attention inward, explore the experience of meditation and discover moments of inner silence.

- ATTENTION
- INNER SILENCE
- SELF-AWARENESS

For larger groups, participants can rotate between Silent Mind XR and the Attention Capital Challenge ensuring everyone has the opportunity to take part in both activities.



07 PERSONALISE YOUR EXPERIENCE

ALLHERE

MAKE IT YOUR OWN

ONE SIGNATURE EXPERIENCE. ENDLESS POSSIBILITIES.

Personalised for your group.

THE CORE

Attention Capital Challenge

+

Silent Mind XR

Private bookings from 3 participants

+

MINDFUL MOVEMENT

Tai Chi · Yoga

MUSIC & AWARENESS

Live music · Sound experience

FOOD & HOSPITALITY

Coffee · Lunch · Dinner · Champagne

ADDITIONAL OPTIONS

Talks · Discussions · Celebrations

Optional enhancements. All optional activities are subject to availability and quotation.

ALLHERE

MOVEMENT, MUSIC & AWARENESS

MINDFUL MOVEMENT

TAI CHI

A guided session of flowing movements, breathing and body awareness, suitable for beginners.

YOGA

A relaxing or energising session combining gentle movement, breathing and mindfulness.

MUSIC & SOUND

LIVE MUSIC

Enhance the experience with live music, from soothing gong, singing bowl or handpan performances to acoustic music or a DJ set, tailored to the atmosphere of your event.

SOUND EXPERIENCE

An optional guided sound or music-based relaxation experience.

Subject to availability and quotation.

ALLHERE

FOOD, DRINKS & SOCIAL CONNECTION

WELCOME COFFEE & REFRESHMENTS

A warm welcome with drinks and light refreshments.

PRIVATE LUNCH

A relaxed lunch at All Here, offering an opportunity for conversation and connection.

DINNER OR EVENING RECEPTION

An exclusive private gathering with dining and social interaction.

CHAMPAGNE & CANAPÉS

A sophisticated reception to conclude the experience or celebrate a special occasion.

ADDITIONAL OPTIONS

Depending on availability and feasibility:

- Guided attention training.
- Expert talks on neuroscience, attention and human potential.
- Interactive group discussions.
- Private celebrations.
- Bespoke programmes for corporate or social groups.

All optional activities are subject to availability and quotation.

ALLHERE

HOW YOUR EXPERIENCE COMES TOGETHER

The duration is adapted to the group and its selected activities. For example:

CORE EXPERIENCE

Attention Capital Challenge + Silent Mind XR

EXTENDED EXPERIENCE

Core Experience + Tai Chi or Yoga + Refreshments

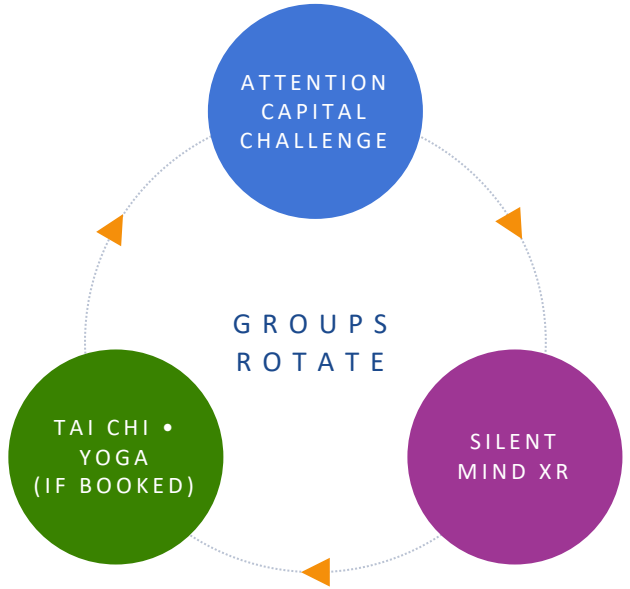
FULL-DAY PRIVATE EXPERIENCE

Core Experience + Selected additional activities + Lunch

Discussions and hospitality

PRIVATE EVENING EXPERIENCE

Core Experience + Music + Champagne reception or dinner



Private bookings start from 3 participants.

For larger groups, the Attention Capital Challenge and Silent Mind XR can be organised in rotating sessions.

Optional activities such as Tai Chi, Yoga and music can be enjoyed together as a group, depending on the number of participants and the selected programme.

ALLHERE

AN EXPERIENCE TO SHARE





PRIVATE GATHERINGS

Looking for something different to experience with friends or family?

Bring people together for a unique exploration of meditation, neuroscience and immersive technology.

Ideal for birthdays, special celebrations, private members' clubs and gatherings of friends.

CORPORATE EXPERIENCES

Bring a new perspective to your next team gathering or leadership event.

Explore attention and its relevance to focus, decision-making, communication and human connection.

Ideal for team experiences, leadership gatherings, executive retreats, client hospitality and professional networks.

No previous meditation experience required.

12 BOOK YOUR ALL HERE EXPERIENCE

DISCOVER YOUR ATTENTION CAPITAL

We invest in our knowledge, our careers, our relationships and our future. But how often do we invest in our attention?

Discover your attention through science and immersive technology.
Enhance the experience with movement, music and meaningful moments together.

Whether with colleagues, friends or a private group, All Here invites you to create an extraordinary experience.

ONE SIGNATURE EXPERIENCE. ENDLESS POSSIBILITIES.

Private bookings from 3 participants.

ALLHERE

ALL HERE LOUNGE
GENEVA

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WHERE MEDITATION
MEETS
SCIENCE & TECHNOLOGY